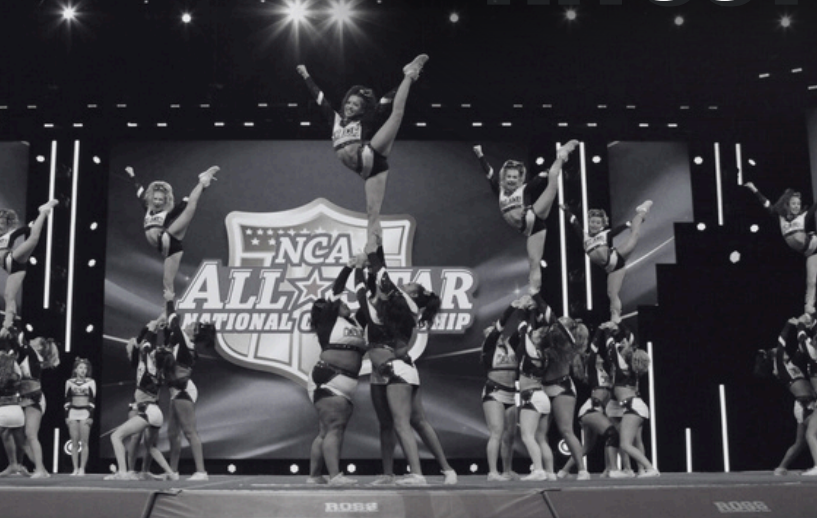




# WORLD CUP ALL STARS

2024-2025  
TRYOUT PACKET







# WORLD CUP TRYOUT PACKET

2024 - 2025



Elaine Pascale



Joelle Antico



Janee Pascale

Established in 1994, World Cup is one of the most decorated and successful cheerleading gyms in the industry. Our athletes are passionate and our families are extremely supportive. World Cup embraces the spirit of athletes that need a safe and competitive environment.

## **World Cup All-Stars is the home of:**

- Shooting Stars, 6-time World Champions – Large Senior Level 6 division.
- Starlites, 2-time World Champions – Large Junior Level 6 division.
- Odyssey, 2008 World's Bronze Medalists – Large Senior Limited Co-ed.
- Omni making history in 2023 Winning Worlds in the 1st ever U18 NT Co-Ed division.
- Multiple National Titles in all levels!

**The Beginning** - World Cup grew from the Pop Warner success of mother-daughter team Elaine Pascale and Joelle Antico. For many years, Pascale served as coach of the local Pop Warner team that her younger daughter Janee had joined. In 1992, the family moved to Freehold, New Jersey, where Pascale found herself coaching a Pop Warner midget squad with the assistance of her eldest daughter Joelle. That year, they won the National Championship! After the national win, a small group of their students and parents persuaded them to start a competition squad, and the World Cup All Stars were born. In 1994, the gym was officially established.

World Cup has now grown to 5 locations and OVER 40 teams! They believe in one simple philosophy, FAMILY FIRST! World Cup prides itself on providing a home for any athlete regardless of age and ability, there is a team for everyone.

**Our Mission** - World Cup strives to provide a safe, fun, and competitive space for all cheerleaders to thrive and attain their goals!



# WORLD CUP TRYOUT PACKET

2024 - 2025

## WELCOME TO WORLD CUP!

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World Cup All Stars strives to create competitive teams at every level and build athletic, technical athletes, with the ability to be a team player. Athletes are our top priority and are taught to be mentally and physically tough, while working towards team goals. We are proud of the life lessons learned as a member of World Cup All-Stars.

## HOW TO REGISTER FOR EVALUATIONS

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1. Go to [www.worldcupallstars.com](http://www.worldcupallstars.com). You **MUST** register to be evaluated.
2. Click on Freehold parent portal
3. You will scroll to the Evaluation/Tryout Section of classes and choose which level of evaluation you will be attending based on tumbling level. Returning athletes update information, new athletes will need to create an account and fill out the form as a new athlete.
4. Hand in the EZ pay form (last page) along with tryout fee of \$210



**WHERE OUR  
CHEERLEADERS  
ARE OUR  
TROPHIES**

## CONTACT US

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-  (732)294-9287
-  [Freehold@worldcupallstars.com](mailto:Freehold@worldcupallstars.com)
-  [www.worldcupallstars.com](http://www.worldcupallstars.com)
-  600 Business Park Dr.  
Freehold, NJ 07728



## EVALUATIONS

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### **Wednesday, May 8, 2024 Tiny Registration (Birth years 2017-2021)**

- Ages 4-5, 4-6pm
- Ages 5-7, 6-7:30pm

### **Monday, May 13, 2024 Mini - Youth Levels 1-2**

- Mini, 5-7pm (Birth Years 2015-2018)
- Youth 1-2, 7-8pm (Birth Years 2012-2017)

### **Tuesday, May 14, 2024 Youth Tryouts Levels 3-5**

- Youth 3, 5-6pm (Birth Years 2012-2017)
- Youth 4-5, 6-8pm (Birth Years 2012-2017)

### **Wednesday, May 15, 2024 Junior Tryouts**

- Junior 1-2, 5-6pm (Birth Years 2009-2016)
- Junior 3-4, 6-7pm (Birth Years 2009-2016)
- Junior 5-6, 7-8pm (Birth Years 2009-2016)

### **Thursday, May 16, 2024 Senior Tryouts**

- Senior 1-2, 5-6pm (Birth Years 6/1/05-2012)
- Senior 3-5, 6-7pm (Birth Years 6/1/05-2012)
- Senior 6, 7-8pm \*\* (Birth Years 6/1/05-2011) \*\*
- Non-Tumbling Worlds Eligible Athletes (Must Stay 2 Hours) 6-8pm (Birth Years 2006-2011)

### **Stunt Evaluations**

Wednesday, May 15th Tiny Novice 4:30-5:30pm, Tiny Prep & Elite 5:30-7pm

Saturday & Sunday, May 18th and 19th, 2024

- Level 1, 10 – 11am
- Level 2, 11:30am – 1:00pm
- Level 3 and 4, 1:30 – 3:00pm
- Level 5 and 6, 3:30 – 5:00pm

\*\*Teams and Practice Times will be announced on May 31st\*\*

\*\*First Team Practices will begin June 3rd\*\*





## GENERAL PROGRAM INFORMATION

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This is a year-long commitment, athletes will practice and compete through end of season events. (April-May)

- Full Travel teams that earn an At-large or Paid invitations to Bid Events will attend. (Youth Summit is held in Tampa, FL, Summit & Worlds is held in Orlando, FL)

- Athlete placement is based on both age and overall abilities across all skill sets.

Athletes do not need any prior training for Novice or Prep teams and can reach out for guidance on which program is the best fit. Rosters will be comprised of members whose talents provide the best chance of success at competition. Not every teammate will have the same strengths, experience, or skill set.

- Athletes are required to practice with their team for two weeks before placement concerns or requests for re-evaluation will be addressed. Our standards for each level are high.

- Refrain from gossiping or any form of verbal or physical confrontation.

- All teams are charged a monthly tuition based on their program and have designated practice days and times. Extra practices during the season may be called at no charge.

Refunds/prorations are not issued for canceled practices, holidays, or gym closures.

- All teams will attend a minimum number of competitions per season (schedule will be released in July but is subject to change if needed).

- All athletes will pay a tryout fee.

- All athletes must register with USASF and pay their membership fee. This fee is due by September 1st. All adult athletes require a background check.

- All teams are season long commitments. There is a \$500.00 drop fee for quitting after September 1st, 2024. Additionally, the athlete forfeits all items on order and no refunds will be issued.

- All families are required to fill out our EZ pay form and monthly payments will be automatically withdrawn. A current card on file is required for participation.

- You will receive a \$200 discount if travel is paid in full.



## PROGRAM POLICIES

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Before joining, please review our policies as a family and ensure we are a good fit for your lifestyle and priorities.

- Only enrolled athletes are allowed in practice areas. Anyone who disrupts the practice setting will be asked to leave.
- No food, drinks (besides water), or cell phones allowed on the floors. World Cup is not responsible for lost personal items.
  - The use of the logo, gym name, team names, etc. are not permitted to be reproduced or used on items without permission from the gym director and/or owner.
  - Athletes are expected to show up early or on-time to each practice in correct practice attire with an eager and ready to work attitude. Athletes should maintain good hygiene and style their hair in a high ponytail with the assigned hair accessory.
- Refrain from posting, reposting, or sharing anything that is negative, includes foul or defamatory language, or is inappropriate for a young audience.
  - We enforce a strict attendance policy. Athletes are allowed 2 unexcused absences from June 1st, 2024, through the end of August 2024. Only 2 unexcused absences are allowed from September 1st, 2024- end of season in April 2025. Any other absences must be excused and approved by team coaches. You must attend practice even when you don't feel well, unless you have a fever higher than 100.6, vomiting, diarrhea, or are contagious. A detailed doctors note regarding the illness, treatment and length of recovery must be provided.
- Practices are mandatory 2 weeks before an event. If you miss practice, you may not compete at the competition it will be at the coaches discretion.
- Notify World Cup All Stars immediately when an injury occurs.
- Athletes are enrolling in our program and not a specific team. We will spend the summer deciding the roles and/or positions each athlete will have/play on their team(s).
- Parents who promote a culture of negativity, gossip, or complaining will be asked to leave the program.
  - An athlete may be removed from the program for attendance, conduct or parent conflicts.
  - An athlete may be moved to a different team if skills for the current team are not maintained.
  - All additional practices called must be attended.
- If you are injured during the season once you are fully cleared we will discuss the best placement for you to finish the season.





## 2024-2025 GYM CALENDAR

THESE DATES ARE SUBJECT TO CHANGE

### GYM CLOSURES

May 24-27th Memorial Day Weekend

July 3rd - 7th 4th of July Break

July 22nd – July 28th Summer Break

Aug 30th-Sept 2nd Labor Day Weekend

Oct 31st Halloween

Nov. 27th-Nov 28th Thanksgiving Break

Dec. 23th-Jan 1st Christmas Break

\*We do not close for Teachers Convention or Spring Breaks. Athletes should not commit to vacations, college tours, school hosted trips, extracurricular activities, or sports in the winter/spring as we have a zero-tolerance attendance policy before competitions.

### \* IMPORTANT DATES

June 3rd First Day of Team Practice

November 23rd Showcase at Brookdale Community College in Lincroft, NJ

**COMPETITION SCHEDULE** We expect to release a competition schedule draft in July, but delays in information may occur. See your program of choice for a range of how many events we plan to attend.

### CAMP/CHOREOGRAPHY

Tiny Tumble X Camp - June 1st 10-12pm or 12-2pm, at World Cup. Time determined by team placement. \$50

Tumble X Camp - June 14th – 15th at World Cup, \$150 times to be assigned

Tiny Camp - July 10th – 11th at World Cup All Stars, \$150 for Novice & \$200 for all other

Tiny teams

Skills Camp - July 13th – 14th at Sportika in Manalapan, NJ, \$260

Each team will be assigned their choreography dates and times once teams are assigned and choreographers are confirmed.

Attendance is mandatory. Please save all dates listed as your designated session may not fall on your regular practice days. These dates are tentative and subject to the availability of our choreographers.



## ALL STAR CHEER PROGRAMS

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### **NOVICE (NON-TRAVEL)**

The Novice Cheer Program is for beginner athletes that want to be introduced to all-star cheerleading. These teams will be ranked on execution of skills.

**PREP** - All Star Prep is for athletes ready to compete against other teams but prefer less extensive travel.

**ELITE** - Travel teams are for athletes and families that want to have a full commitment. These teams will have extra practices before events and will accept bids to Regional Summit (location TBD) and Youth Summit and The Summit in Florida.

**ELITE Levels 5/6** - This program includes a rigorous practice schedule. Athletes will be held to guidelines and are expected to be fully committed to the program, their teammates, and coaches. Parents should be prepared for a significant financial obligation that requires out-of-state travel. These teams will accept bids to The Summit for Non-Worlds Teams and Worlds for the Worlds Teams.

**CROSSOVER INFORMATION:** Crossovers do not pay additional tuition; however, you will pay the crossover fee that is charged to the gym for being on two teams along with travel fees. Not everyone that asks to be a crossover, will be selected.





## NOVICE CHEER - NON TRAVEL

BIRTH YEARS: 2012-2021 (TINY, MINI AND YOUTH TEAMS)

PRACTICES: 1-2 hours, a week

TUMBLING: Tumbling packages can be purchased monthly

COMPETITIONS: TBD schedule released in July

- Tuition is \$160 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

### ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees
- USASF Registration Fees
- Parents Entry Fees into competitions
- Official Backpack
- Official Warm-up Jacket



## PREP CHEER

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**BIRTH YEARS:** 2009-2021 (TINY, MINI, YOUTH & JUNIOR TEAMS)

**PRACTICES:** 2 days per week in the summer (2 hours of cheer and 1 hour of tumble) and 3 days a week twice a month in the fall

**TUMBLING:** 1 hour per week is included in your monthly tuition; additional tumbling packages can be purchased

**COMPETITIONS:** TBD schedule released in July

- Tuition is \$200 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

### ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees & end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including any hotel/ air fare
- Official Backpack
- Official Warm-up Jacket





## ELITE CHEER LEVELS 1-4

BIRTH YEARS: 2009-2021 (TINY, MINI, YOUTH, JUNIOR & SENIOR TEAMS)

PRACTICES: 2 days per week in the summer (3 hours of cheer) and 3 days per week in the fall

TUMBLING: tumbling packages can be purchased monthly

COMPETITIONS: TBD schedule released in July

- Tuition is \$255 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

### ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
  - Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
  - USASF Registration Fees
  - Parents Entry Fees into competitions including hotel/ air fare
- Official Backpack
- Official Warm-up Jacket



## ELITE CHEER LEVEL 5

**BIRTH YEARS:** 2005-2017 (YOUTH, JUNIOR & SENIOR TEAMS)

**PRACTICES:** 2 days per week in the summer (3 hours of cheer and 1 hour of tumble) and 3 days a week in the fall.

**TUMBLING:** 1 hour per week is included in your monthly tuition; additional tumbling packages can be purchased.

**COMPETITIONS:** TBD schedule to be released in July.

- Tuition is \$275 due the 10th or 25th of the month billed through EZ Pay.
- Vacations & holidays are already figured into your monthly tuition.

### ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
  - Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Official Backpack
- Official Warm-up Jacket



## ELITE CHEER LEVEL 6

**BIRTH YEARS:** 2009-2016 (JUNIOR & SENIOR TEAMS)

**PRACTICES:** 2 days per week in the summer (3 and ½ hours of cheer and 1 hour of tumble) and 3 days a week in the fall.

**TUMBLING:** 1 hour per week is included in your monthly tuition; additional tumbling packages can be purchased.

**COMPETITIONS:** TBD schedule to be released in July.

- Tuition is \$280 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

### ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
  - Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Official Backpack
- Official Warm-up Jacket





## ELITE CHEER LEVEL 6 NON-TUMBLING

BIRTH YEARS: 2006-2011

PRACTICES: 2 days per week in the summer and 3 days a week in the fall.

TUMBLING: Tumbling packages can be purchased.

COMPETITIONS: TBD schedule to be released in July.

- Tuition is \$280 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

### ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
  - Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Official Backpack
- Official Warm-up Jacket



## ELITE CHEER LEVEL 6 SHOOTING STARS

BIRTH YEARS: 2006-2011

PRACTICES: 2 days per week in the summer and 3 days a week in the fall.

COMPETITIONS: TBD schedule to be released in July.

- Tuition is \$290 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

So You Want to be a Shooting Star Clinics

Thursday, May 2nd 6:30-8pm - \$40

Tuesday, May 7th 6:30-8pm - \$40

Shooting Stars Try Outs

Friday, May 10th 5:30-8pm

Monday, May 13th 5:30-8pm

Tuesday, May 14th 5:30-8 pm

Thursday, May 16th 5:30-8pm

Sunday, May 19th 5:30-8pm

Try Out fee, \$210

Skills preferred: One to Full, Running double, hyperextended jumps, experience in level 6 stunting positions.

Try Out videos are accepted, please email:

[jantico@varsity.com](mailto:jantico@varsity.com) & [wcupelaine@aol.com](mailto:wcupelaine@aol.com)



## REFUND POLICY

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MONIES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Any payment for uniforms, competition fees, trips, tuitions, camps, clinics, choreography, etc. are non-refundable. If your child decides to leave the program, or is asked to leave the program, you will not be reimbursed for any deposits or payments made.

World Cup reserves the right to move an athlete from one team to another at any point in the season. World Cup is NOT responsible for reimbursement for any travel arrangements if your child is moved from one team to another, made an alternate, or removed from the program.

All teams are season long commitments. There is a \$500.00 drop fee for quitting after September 1st, 2024.





## REQUIRED SKILLS

\* World Cup All Stars reserves the right to add up to 15% of the teams total athletes who do not meet all of the minimum requirements. This allows for athletes to fill necessary stunting positions.

	Level 1	Level 2 (4.2)	Level 3	Level 4	Level 5	Level 6
<b>STANDARD</b>	-Forward Roll -Backward Roll -Backbend Kick Over -Cartwheel					
<b>ADVANCED STANDING</b>	-Back Extension Roll -Front Walkover (FWO) -Back Walkover (BWO)	-Back Extension Roll-BHS -Balk Walkover- BHS -Back Walkover- BHS Step Out	-BWO-BHS Series -BHS-BHS-BHS or more -Jump-BHS Series	-BHS- Series Tuck -BWO-Tuck -Back Extension Roll-Tuck	-Tuck-BHS/BHS Series-Tuck -BHS-Whip/Tuck-BHS-Tuck -BHS Series-Layout -BHS Series-Whip- Tuck	-BHS Series- Full -Jump-BHS Series-Full -BHS Series-Whip-Full
<b>ADVANCED RUNNING</b>	-Round Off -Front Walkover (FWO)/FWO Series -Cartwheel BWO	-Round Off (RO)- BHS Step Out -CW/RO-BHS Series -Front Handspring (FHS)	-Punch Front -Round Off-BHS/BHS Series-Tuck	-Front WO -PF step out -Aeria -Round off-BHS-Layout/Layout step out/X-out/Switch Leg -PF step ou-RO-to-tuck -Front Walkover-Ro=to-Whip/Layout -Aerial-Back Tuck/Layout/Layout Step Out	-RO-BHS-Full -Front Walkover-RO- to - Full -Round Off-Arabian	-Punch Front step out-to-Full -RO-Whip-Full- to-Full
<b>ELITE STANDING</b>	-Back Walkover Series -Back Walkover Switch Leg -Valdez	-BWO-BHS Step Out-BWO -BWO Switch Leg-BHS -BHS Step Out- BWO-BHS -Valdez-BHS	-BHS/BHS Series-Jump- BHS/BHS Series -BWHS Step Out-BHS Series -BHS Step Out -BWO- BHS Series	-BHS/BHS step out-Tuck -Jump- BHS/BHS Series Tuck	-BHS-Whip-Tuck -BHS-Layout -Jump-BHS/BHS Series-Layout -BHS/BHS Series- Whip-to-Layout	-BHS-Full -Standing Full -BHS-Whip-Full -BHS Series-Double Full -BHS Series-Full/Double Full-Whip -Full/Double Full
<b>ELITE RUNNING</b>	-Cartwheel- BWO Series -FWO-Cartwheel/Round	-Bouncer/ Flyspring -FWO-RO- BHS/BHS Series -CW/RO- BHS Step Out - BWO-BHS/BHS Series	-FWO-Aerial -RO- BHS Step Out-½ Turn- RO- to-Tuck -FWO-ROBHS to-Tuck -Bouncer/ Flyspring- ROBHS to- Tuck -Front Handspring-Punch Front	-Front Handspring/Punch Front- Punch Front -PF Step Out-RO-to-Layout -Round Off-Whip-Tuck -Round Off-to-Whip/tuck-to-Tuck/whip/Layout -Front Handspring-PF Step out -RO-to-Tuck/Whip/Layout	-Front Full -PF Step-RO-to Full -Front Handspring -PF step out-RO -to- Full -RO- to -Whip-to- Full -Arabian-RO-to-Full	-Front Handspring-PF-RO-to-Full -RO-Arabian/Half Full step out-RO-to-Full -RO-BHS-Full-to-Full -RO-to-Double Full -PF step out-to-Double Full -RO-Whip-Double Full -Ro-to-Full-to-Whip-Double Full



# TUITION ONLY EZ PAY FORM \*\*MANDATORY\*\*

Please fill out the following information at the bottom of this page and hand it in at the front desk.  
PLEASE CONTACT THE FRONT DESK IN THE EVENT OF CC CHANGE!

EZ Pay offers a direct Monthly Tuition Payment to World Cup from either your credit or debit card on the 10<sup>th</sup> or 25<sup>th</sup> of every month for the upcoming month. For example – Debit will be made on 7/25/24 for the month of August 2024 due to 3-day processing time. EZ Pay cannot be used for Travel Payments unless special arrangements are made at the front desk.

A penalty fee of \$30.00 will be applied to all transactions that fail due to insufficient funds. Secondary credit cards accepted as back up to avoid the penalty. Please note if your payment falls into arrears for more than a month, your athlete(s) will need to sit out until payment is brought current.

### Financial Commitment

I have read and fully understand my financial commitment to World Cup outlined in this packet. I understand the commitment is for the 2024-2025 Competitive Season. I understand I am giving my Credit/Debit Card information, and that information will be used for my monthly tuition payment. I also understand that I will forfeit any monies paid to date, including tuition and/or travel payments, if I choose to leave a team or if I am asked to leave the program at anytime. \* 1- If you are delinquent in paying your travel fees the credit card on file will be charged. 2- If you quit in the middle of a month you are financially responsible for the entire month's tuition

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

PLEASE BILL ME ON (check one): \_\_\_\_\_ the 25<sup>th</sup> (for following month) or \_\_\_\_\_ the 10<sup>th</sup> (for the current month)

CHEERLEADERS NAME: \_\_\_\_\_

TEAM NAME: (to be filled out by front desk) \_\_\_\_\_ TUITION COST: \_\_\_\_\_

### CREDIT CARD (a 3.5% fee for this option)

NAME (AS IT APPEARS ON CARD): \_\_\_\_\_

CARD TYPE (CIRCLE ONE) VISA    MASTERCARD    DISCOVER    AMEX

CARD NUMBER: \_\_\_\_\_ EXP DATE: \_\_\_\_\_ CVV: \_\_\_\_\_

### CHECKING ACCOUNT WITHDRAWAL (No fee) Please provide a voided check

CHECK #: \_\_\_\_\_ ROUTING #: \_\_\_\_\_ CHECKING ACCT #: \_\_\_\_\_

HOME ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_