



WORLD CUP ALL STARS

2025-2026
TRYOUT PACKET

WHERE CHEERLEADERS ARE OUR TROPHIES



WORLD CUP TRYOUT PACKET

2025 - 2026



Founded in 1994, World Cup is one of the most accomplished and prestigious cheerleading gyms in the industry. Our athletes are driven by passion, and our families provide unwavering support. World Cup fosters an environment where athletes can feel safe while competing at the highest level.

World Cup All-Stars is the home of:

- Shooting Stars, 6-time World Champions – Large Senior Level 6 division.
- Starlites, 2-time World Champions – Large Junior Level 6 division.
- Odyssey, 2008 World's Bronze Medalists – Large Senior Limited Co-ed.
- Omni making history in 2023 Winning Worlds in the 1st ever U18 NT Co-Ed division.
- Supernovas, 2-time All Star Worlds Mini Level 1 Champions. Cheersport Champions
- Starburst, 2-time All Star Worlds Junior Level 4 Champions.
- Little Dippers, Super Sonics, Galaxy, Infinity and Electra: All Star Worlds Champions.
- Numerous National Titles in all levels!

Our Story - World Cup's roots trace back to the Pop Warner success of mother-daughter duo Elaine Pascale and Joelle Antico. For many years, Elaine coached the local Pop Warner team where her younger daughter Janee was a member. In 1992, the family relocated to Freehold, New Jersey, where Elaine began coaching a Pop Warner midget squad, with her eldest daughter Joelle assisting. That year, they celebrated a National Championship win. Encouraged by a dedicated group of students and parents, they decided to create a competition squad, leading to the formation of World Cup All-Stars in 1994.

Today, World Cup has expanded to six locations and boasts over 70 teams! We operate under the belief that FAMILY FIRST, offering a welcoming environment for athletes of all ages and skill levels.

Our Mission - At World Cup, we are committed to providing a safe, fun, and competitive space where all cheerleaders can flourish and achieve their goals.

Thank you for your interest in World Cup.

Owners,

Elaine Pascale

Joelle Antico

Janee Pascale



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WELCOME TO WORLD CUP!

World Cup All Stars strives to create competitive teams at every level and build athletic, technical athletes, with the ability to be a team player. Athletes are our top priority and are taught to be mentally and physically tough, while working towards team goals. We are proud of the life lessons learned as a member of World Cup All-Stars.

HOW TO REGISTER FOR EVALUATIONS

1. Go to www.worldcupallstars.com. You MUST register to be evaluated.
2. Click on Freehold parent portal
3. You will scroll to the Evaluation/Tryout Section of classes and choose which level of evaluation you will be attending based on tumbling level. Returning athletes update information, new athletes will need to create an account and fill out the form as a new athlete.
4. Hand in the EZ pay form (last page) along with tryout fee of \$210



CONTACT US



(732)294-9287



Freehold@worldcupallstars.com



www.worldcupallstars.com



600 Business Park Dr.
Freehold, NJ 07728



EVALUATIONS

May 8th -Tiny Registration

Birth years 2020-2021 from 4:30-6:00pm

Birth years 2018-2020 from 6:00-7:30pm

No experience necessary

May 12th

Level 1 5:00-6:30pm

No experience necessary

Level 6 - Day 1

7:00-8:30pm

Must have a 2 to full or previously competed on level 6

May 13th

Level 2 5:00-6:30pm

Must have a bwo back handspring or previously competed on level 2

Level 3 7:00-8:30pm

Must have multiple standing bhs or previously competed on level 3

May 14th

Level 4/4.2 5:00-6:30pm

Must have standing tuck or previously competed on level 4/4.2

Level 5 7:00-8:30pm

Must have a roundoff bhs full or previously competed on level 5

May 15th

Level 6 Day 2 6:00-7:30pm

Must have a 2 to full or previously competed on level 6

Athletes will attend the entire time slot. Level 6 athletes must come to both days



GENERAL PROGRAM INFORMATION

This is a year-long commitment, athletes will practice and compete through end of season events. (April-May)

- Athlete placement is based on both age and overall abilities across all skill sets. Athletes do not need any prior training for Novice or Prep teams and can reach out for guidance on which program is the best fit. Rosters will be comprised of members whose talents provide the best chance of success at competition. Not every teammate will have the same strengths, experience, or skill set.
- Athletes are required to practice with their team for two weeks before placement concerns or requests for re-evaluation will be addressed. Our standards for each level are high.
- Refrain from gossiping or any form of verbal or physical confrontation.
- All teams are charged a monthly tuition based on their program and have designated practice days and times. Extra practices during the season may be called at no charge. Refunds/prorations are not issued for canceled practices, holidays, or gym closures.
- All teams will attend a minimum number of competitions per season (schedule will be released in July but is subject to change if needed).
- All athletes will pay a tryout fee.
- All athletes must register with USASF and pay their membership fee. This fee is due by September 1st. All adult athletes require a background check.
- All teams are season long commitments. There is a \$500.00 drop fee for quitting after September 1st, 2025. Additionally, the athlete forfeits all items on order and no refunds will be issued.
- All families are required to fill out our EZ pay form and monthly payments will be automatically withdrawn. A current card on file is required for participation.
- You will receive a \$200 discount if travel is paid in full.
- Third child in each family receives FREE tuition.
- Carpools are available



PARENT ADVISORY BOARD - PAB

- World Cup Parent Advisory Board (PAB)

Consisting of new and seasoned parents who work together on various events benefiting our scholarship fund for our graduating seniors. On top of that they are also our liaisons between our parents, coaches and owners to help communicate any issues going on at World Cup. We pride ourselves in listening to ideas and communicating with our parents.

Anyone interested in joining the PAB please email Elaine Pascale at wcupelaine@aol.com



THANK YOU TO OUR 2024-2025 PAB



PROGRAM POLICIES

Before joining, please review our policies as a family and ensure we are a good fit for your lifestyle and priorities.

- Only enrolled athletes are allowed in practice areas. Anyone who disrupts the practice setting will be asked to leave.
- No food, drinks (besides water), or cell phones allowed on the floors. World Cup is not responsible for lost personal items.
- The use of the logo, gym name, team names, etc. are not permitted to be reproduced or used on items without permission from the gym director and/or owner.
- Athletes are expected to show up early or on-time to each practice in correct practice attire with an eager and ready to work attitude.
- Refrain from posting, reposting, or sharing anything that is negative, includes foul or defamatory language, or is inappropriate for a young audience.
- Athletes are enrolling in our program and not a specific team. We will spend the summer deciding the roles and/or positions each athlete will have/play on their team(s).
- We enforce a strict attendance policy. Athletes are allowed 2 unexcused absences from June 1st, 2025, through the end of August 2025. Only 2 unexcused absences are allowed from September 1st, 2025- end of season in April 2026. Any other absences must be excused and approved by team coaches. You must attend practice even when you don't feel well, unless you have a fever higher than 100.6, vomiting, diarrhea, or are contagious. A detailed doctors note regarding the illness, treatment and length of recovery must be provided.
- Practices are mandatory 2 weeks before an event. If you miss practice, you may not compete at the competition it will be at the coaches discretion.
- Notify World Cup All Stars immediately when an injury occurs.
- Parents who promote a culture of negativity, gossip, or complaining will be asked to leave the program.
- An athlete may be removed from the program for attendance, conduct or parent conflicts.
- An athlete may be moved to a different team if skills for the current team are not maintained.
- All additional practices called must be attended.
- If you are injured during the season once you are fully cleared we will discuss the best placement for you to finish the season.



2025-2026 GYM CALENDAR

THESE DATES ARE SUBJECT TO CHANGE

GYM CLOSURES

May 23rd – 26th, re-open May 27th, Memorial Day Weekend
July 2nd - 6th, re-open July 7th, 4th of July Break
July 21st - 27th, re-open July 28th, Summer Break
August 27th – September 2nd, re-open September 3rd, Labor Day Break
October 31st, Halloween
November 26th – 30th, re-open December 1st, Thanksgiving Break
December 24th - 27th, re-open December 28th, Christmas Break
December 31st - January 3rd, re-open January 4th, New Years Break
April 5th, Easter

*We do not close for Teachers Convention or Spring Breaks. Athletes should not commit to vacations, college tours, school hosted trips, extracurricular activities, or sports in the winter/spring as we have a zero-tolerance attendance policy before competitions.

* IMPORTANT DATES

June 2nd First Day of Team Practice

November 22nd Showcase at Brookdale Community College in Lincroft, NJ

COMPETITION SCHEDULE We expect to release a competition schedule draft in July, but delays in information may occur. See your program of choice for a range of how many events we plan to attend.

CAMP/CHOREOGRAPHY

Tiny Tumble X Camp – May 31st

Tumble X Camp – June 13th and 14th,

Tiny Camp – July 9th and 10th

Tumble Clinic - July 11th

Skills Camp – July 12th and 13th at Multi Kingdom Sports (Formerly Sportika)

Each team will be assigned their choreography dates and times once teams are assigned and choreographers are confirmed.

Attendance is mandatory. Please save all dates listed as your designated session may not fall on your regular practice days. These dates are tentative and subject to the availability of our choreographers.



ALL STAR CHEER PROGRAMS

NOVICE (NON-TRAVEL)

The Novice Cheer Program is for beginner athletes that want to be introduced to all-star cheerleading. These teams will be ranked on execution of skills.

PREP - All Star Prep is for athletes ready to compete against other teams but prefer less extensive travel.

ELITE - Travel teams are for athletes and families that want to have a full commitment. These teams will have extra practices before events and will accept bids to Regional Summit (location TBD) and Youth Summit and The Summit in Florida.

ELITE Levels 5/6 - This program includes a rigorous practice schedule. Athletes will be held to guidelines and are expected to be fully committed to the program, their teammates, and coaches. Parents should be prepared for a significant financial obligation that requires out-of-state travel. These teams will accept bids to The Summit for Non-Worlds Teams and Worlds for the Worlds Teams.

CROSSOVER INFORMATION: Crossovers do not pay additional tuition; however, you will pay the crossover fee that is charged to the gym for being on two teams along with travel fees. Not everyone that asks to be a crossover, will be selected.



NOVICE CHEER - NON TRAVEL

BIRTH YEARS: 2013-2022 (TINY, MINI AND YOUTH TEAMS)

PRACTICES: 1-2 hours, a week

TUMBLING: Tumbling packages can be purchased monthly

COMPETITIONS: TBD schedule released in July

- Tuition is \$160 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees
- USASF Registration Fees
- Parents Entry Fees into competitions
- Optional Backpack
- Optional Warm-up Jacket



PREP CHEER

BIRTH YEARS: 2010-2020 (TINY, MINI, YOUTH & JUNIOR TEAMS)

PRACTICES: 2 days per week in the summer (2.5 hours of cheer and 1 hour of tumble per week) and 3 days a week twice a month in the fall

TUMBLING: 1 hour per week is included in your monthly tuition;

additional tumbling packages can be purchased

COMPETITIONS: TBD schedule released in July

- Tuition is \$220 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees & end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including any hotel/ air fare
- Optional Backpack
- Optional Warm-up Jacket



ELITE CHEER LEVELS 1-4

BIRTH YEARS: 2009-2020 (TINY, MINI, YOUTH, JUNIOR & SENIOR TEAMS)

PRACTICES: 2 days per week in the summer (3 hours of cheer) and 3 days per week in the fall

TUMBLING: tumbling packages can be purchased monthly

COMPETITIONS: TBD schedule released in July

- Tuition is \$255 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Optional Backpack
- Optional Warm-up Jacket



ELITE CHEER LEVEL 5

BIRTH YEARS: 2006-2018 (YOUTH, JUNIOR & SENIOR TEAMS)

PRACTICES: 2 days per week in the summer (3 hours of cheer and 1 hour of tumble) and 3 days a week in the fall.

TUMBLING: 1 hour per week is included in your monthly tuition; additional tumbling packages can be purchased.

COMPETITIONS: TBD schedule to be released in July.

- Tuition is \$275 due the 10th or 25th of the month billed through EZ Pay.
- Vacations & holidays are already figured into your monthly tuition.

ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Optional Backpack
- Optional Warm-up Jacket



ELITE CHEER LEVEL 6

BIRTH YEARS: 6/1/06-2017 (JUNIOR & SENIOR TEAMS)

PRACTICES: 2 days per week in the summer (3 and ½ hours of cheer and 1 hour of tumble) and 3 days a week in the fall.

TUMBLING: 1 hour per week is included in your monthly tuition; additional tumbling packages can be purchased.

COMPETITIONS: TBD schedule to be released in July.

- Tuition is \$280 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Optional Backpack
- Optional Warm-up Jacket



ELITE CHEER LEVEL 6 NON-TUMBLING

BIRTH YEARS: 2007-2012

PRACTICES: 2 days per week in the summer and 3 days a week in the fall.

TUMBLING: Tumbling packages can be purchased.

COMPETITIONS: TBD schedule to be released in July.

- Tuition is \$280 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

ADDITIONAL FEES POSSIBLY INCURRED

- Annual Gym Try-Out Registration Fee
- Practice Wear
- Routine Choreography
- Competition Music
- Competition Uniform
- Competition Bow
- Shoes
- Competition Registration Fees and end of season events
- USASF Registration Fees
- Parents Entry Fees into competitions including hotel/ air fare
- Optional Backpack
- Optional Warm-up Jacket



ELITE CHEER LEVEL 6 SHOOTING STARS

BIRTH YEARS: 6/1/06-2012

PRACTICES: 2 days per week in the summer and 3 days a week in the fall.

COMPETITIONS: TBD schedule to be released in July.

- Tuition is \$290 due the 10th or 25th of the month billed through EZ Pay
- Vacations & holidays are already figured into your monthly tuition.

So You Want to be a Shooting Star Clinic

Monday, May 5th 7:00-8:30pm - \$40

OPEN Stars Try out

Tuesday, May 6th 6:00-8:30pm

Shooting Stars Try Outs

Thursday, May 8th 6-8:30pm

Friday, May 9th 6-8:30pm

Tuesday, May 13th 6-8:30pm

Wednesday, May 14th 6-8:30pm

Sunday, May 17th 12-3pm

Try Out fee, \$210

Skills preferred: One to Full, Running double, hyperextended jumps, experience in level 6 stunting positions.

Try Out videos are accepted, please email:

jantico@varsity.com & wcupelaine@aol.com



REFUND POLICY

MONIES ARE NON-REFUNDABLE AND NON-TRANSFERABLE. Any payment for uniforms, competition fees, trips, tuitions, camps, clinics, choreography, etc. are non-refundable. If your child decides to leave the program, or is asked to leave the program, you will not be reimbursed for any deposits or payments made.

World Cup reserves the right to move an athlete from one team to another at any point in the season. World Cup is NOT responsible for reimbursement for any travel arrangements if your child is moved from one team to another, made an alternate, or removed from the program.

All teams are season long commitments. There is a \$500.00 drop fee for quitting after September 1st, 2025.



REQUIRED SKILLS

* World Cup All Stars reserves the right to add up to 15% of the teams total athletes who do not meet all of the minimum requirements. This allows for athletes to fill necessary stunting positions.

	Level 1	Level 2 (4.2)	Level 3	Level 4	Level 5	Level 6
STANDARD	-Forward Roll -Backward Roll -Backbend Kick Over -Cartwheel					
ADVANCED STANDING	-Back Extension Roll -Front Walkover (FWO) -Back Walkover (BWO)	-Back Extension Roll-BHS -Balk Walkover- BHS -Back Walkover- BHS Step Out	-BWO-BHS Series -BHS-BHS-BHS or more -Jump-BHS Series	-BHS- Series Tuck -BWO-Tuck -Back Extension Roll-Tuck	-Tuck-BHS/BHS Series-Tuck -BHS-Whip/Tuck-BHS-Tuck -BHS Series-Layout -BHS Series-Whip- Tuck	-BHS Series- Full -Jump-BHS Series-Full -BHS Series-Whip-Full
ADVANCED RUNNING	-Round Off -Front Walkover (FWO)/FWO Series -Cartwheel BWO	-Round Off (RO)- BHS Step Out -CW/RO-BHS Series -Front Handspring (FHS)	-Punch Front -Round Off-BHS/BHS Series-Tuck	-Front WO -PF step out -Aeria -Round off-BHS-Layout/Layout step out/X-out/Switch Leg -PF step ou-RO-to-tuck -Front Walkover-Ro=to-Whip/Layout -Aerial-Back Tuck/Layout/Layout Step Out	-RO-BHS-Full -Front Walkover-RO- to - Full -Round Off-Arabian	-Punch Front step out-to-Full -RO-Whip-Full- to-Full
ELITE STANDING	-Back Walkover Series -Back Walkover Switch Leg -Valdez	-BWO-BHS Step Out-BWO -BWO Switch Leg-BHS -BHS Step Out- BWO-BHS -Valdez-BHS	-BHS/BHS Series-Jump- BHS/BHS Series -BWHS Step Out-BHS Series -BHS Step Out -BWO- BHS Series	-BHS/BHS step out-Tuck -Jump- BHS/BHS Series Tuck	-BHS-Whip-Tuck -BHS-Layout -Jump-BHS/BHS Series-Layout -BHS/BHS Series- Whip-to-Layout	-BHS-Full -Standing Full -BHS-Whip-Full -BHS Series-Double Full -BHS Series-Full/Double Full-Whip -Full/Double Full
ELITE RUNNING	-Cartwheel- BWO Series -FWO-Cartwheel/Round	-Boulder/ Flyspring -FWO-RO- BHS/BHS Series -CW/RO- BHS Step Out - BWO-BHS/BHS Series	-FWO-Aerial -RO- BHS Step Out-½ Turn- RO- to-Tuck -FWO-ROBHS to-Tuck -Boulder/ Flyspring- ROBHS to- Tuck -Front Handspring-Punch Front	-Front Handspring/Punch Front- Punch Front -PF Step Out-RO-to-Layout -Round Off-Whip-Tuck -Round Off-to-Whip/tuck-to-Tuck/whip/Layout -Front Handspring-PF Step out -RO-to-Tuck/Whip/Layout	-Front Full -PF Step-RO-to Full -Front Handspring -PF step out-RO -to- Full -RO- to - Whip-to- Full -Arabian-RO-to-Full	-Front Handspring-PF-RO-to-Full -RO-Arabian/Half Full step out-RO-to-Full -RO-BHS-Full-to-Full -RO-to-Double Full -PF step out-to-Double Full -RO-Whip-Double Full -Ro-to-Full-to-Whip-Double Full

TUITION ONLY EZ PAY FORM



****MANDATORY****

Please fill out the following information at the bottom of this page and hand in at the front desk. PLEASE CONTACT THE FRONT DESK IN THE EVENT OF CC CHANGE!

EZ Pay offers a direct Monthly Tuition Payment to World Cup from either your credit or checking account on the 10th or 25th of every month for the upcoming month. For example – Debit will be made on 7/25/25 for the month of August 2025 due to 3-day processing time. EZ Pay cannot be used for Travel Payments unless special arrangements made at desk.

A penalty fee of \$30.00 will be applied to all transactions that fail due to insufficient funds. Secondary credit cards accepted as back up to avoid the penalty. Please note if your payment falls into arrears for more than a month, your athlete(s) will need to sit out until payment is brought current.

Financial Commitment

I have read and fully understand my financial commitment to World Cup outlined in this packet. I understand the commitment is for the 2025-2026 Competitive Season. I understand I am giving my Credit/Debit Card information, and that information will be used for my monthly tuition payment. I also understand that I will forfeit any monies paid to date, including tuition and/or travel payments, if I choose to leave a team or if I am asked to leave the program. *** 1- If you are delinquent in paying your travel fees the credit card on file will be charged. 2- If you quit in the middle of a month you are financially responsible for the entire month's tuition.**

Parent Signature: _____ Date: _____

PLEASE BILL ME ON (check one): _____ the 25th (for following month) or _____ the 10th (for the current month)

CHEERLEADERS NAME: _____

TEAM NAME:(to be filled out by front desk) _____ TUITION COST: _____

CREDIT CARD: **There is a 3.5% fee for this option**

NAME (AS IT APPEARS ON CARD): _____

CARD TYPE (CIRCLE ONE): VISA MASTERCARD DISCOVER AMEX

CARD NUMBER: _____ EXP DATE: _____ CVV: _____

CHECKING ACCOUNT WITHDRAWAL (ACH): No Fee, please provide voided check

Check # _____ Routing Number: _____ Checking Account Number: _____

HOME ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

PHONE NUMBER: _____ E-MAIL ADDRESS: _____



COME BE A PART OF
THE WORLD CUP ALL STARS
THE GOLD ENTOURAGE